

SEPTEMBER 2019

Monday	Tuesday	Wednesday	Thursday	Friday
2 Labor Day	3	4	5	6
9 Boneless Sesame Chicken Fried Rice Egg Roll	10 TACO TUESDAY 2 hard shell chicken tacos Cilantro Lime Rice Chips & Salsa	11 Meatball Grinder Potato Chips Carrots & Ranch	12 Cheese Ravioli Garlic Bread Fresh Watermelon	13 BREAKFAST FOR LUNCH Belgian Waffle Syrup Bacon Strawberries
16 Chicken Tenders Hash Browns Carrots & Ranch	17 GOURMET SALAD DAY Romaine Lettuce Various Toppings Side of Bread Yogurt Squeeze	18 Lime Marinated Chicken Breast Brown Rice & Beans	19 Pepperoni & Cheese Hot Pockets Grapes	20 Grilled Steak Broccoli Roasted Potatoes Apple Slices
23 Penne Marinara Meatballs Side Salad	24 Cheese Quesadillas Cilantro Lime Rice Chips & Salsa	25 Cheeseburger Curly Fries Fresh Watermelon	26 Teriyaki Chicken Lo Mein Noodles Wonton Cookies	27 Grilled Honey Mustard Chicken Wrap Potato Chips Cucumbers & Ranch
30 Boneless BBQ Chicken Mashed Potatoes Corn Banana	1 OCTOBER Macaroni & Cheese Green Beans Apple Slices	2 Nachos Cinnamon Churros	3 Grilled Cheese Chicken Noodle Soup Crackers Carrots & Ranch	4 Pasta Bolognese Garlic Bread Fresh Watermelon